

ESMHA Evaluation Process

Tryout Process

- Four ice times, with a typical layout outlined below
 - Skills Session
 - Two Intersquad Games
 - Exhibition Game
 - While every effort is made to follow the above outline, group size and available teams for exhibition games can alter the exact format followed. Tryout configuration is focused on ensuring players are provided the best opportunity to show their abilities in the most effective way; as decided by the ESMHA tryout committee and following our [ESMHA Policy Document](#).

Schedule

- The schedule is posted on the ESMHA website and a reminder that this is subject to change: please check back often to ensure you have the most current information.

Reminders

- Players are asked to arrive at least **30 minutes** before their scheduled ice time and check in at the front doors.
- Players must bring **BOTH** tryout jerseys to every session, as they need to be able to change colours if required.
- Players are asked not to wear any pant coverings or socks that identify any association outside ESMHA.

Injury/Illness/Absence

- Our [ESMHA Policy Document](#) outlines the process for any players who may have exceptional circumstances and will miss the evaluation process. If your player is injured, ill or will be absent, please reach out to your level coordinator for more information.

After the evaluation process:

- Every effort will be made to have all teams finalized by Monday, October 5th, 2026.

Team Rosters

- Finalized teams will be posted on the ESMHA website and families will be notified via email from your level coordinator when the information is available.