

Recreational Rules November 2021

## **RECREATIONAL RULES**

The following outlines the enforcement of customized rules for the RECREATIONAL division within DWMHA. On ice regulations, rules are as those published by Hockey Nova Scotia.

These rules apply to every participant in the league, regardless of which organization the person is registered with. If you have any question regarding these rules, please do not hesitate to contact the local recreation officer for your association.

Supplementary to HNS Regulations:

### **Player Discipline for Behaviour Issues**

Within the league, **ANY player can be suspended by the head coach**, DRC or the President of the Recreational Division for one game for any reason. This suspension option is there to allow the coach or the league officials to address behavior that is deemed grossly un-sportsmanlike, dangerous, or offensive.

### **Dressing Room Allocation and Supervision**

Players are to be supervised by an adult while in the dressing room. This has been an issue in the past and usually it happens prior to games. As you can appreciate, there will be times when a coach is not at the rink prior to a player or players arriving. There are two points that must be followed.

First, the visitors are to go to the proper dressing room. In each rink, the dressing rooms are labelled, so this should not be an issue. Please ensure you use the proper room.

Secondly, NO PLAYER is allowed to be in the room prior to a game unsupervised. NO PLAYER is to enter a room until a member of the coaching staff arrives at the rink. If players arrive at the rink and a coach has not yet arrived, they are to remain outside the room. If players are caught breaking this rule, they will be warned. If they break this rule again, they will be suspended for one game. Please understand that this rule is there to ensure player safety and that the coaches are responsible for the player safety.

### **Late Arrival**

Players who arrive late for a game will be permitted to play provided the coach is aware they are en-route to the game and their name appears on the game sheet.

### **Spectator Behaviour**

All parents and other spectators are to abide by the Fair Play guidelines outlined on the DWMHA website. If parents are not following these guidelines, they may be asked to leave the rink and may be subject to further punishment. Please remember that as adults, we are to set the example, not one.

## Teams Requiring Pickups

On occasion, teams will willingly go into a schedule game with a low player count. Injuries, school concerts, illness, suspensions or a combination of all can result.

**Skaters:** If a team is knowingly going into a game with < 10 skaters, 2-3 player pickups will be accepted. But AP may only augment to 10 skaters. You require 8 skaters to play, so with affiliates you can have 10 plus Goaltender.

Affiliates,

1. Where there are two or more teams in same division, the call ups shall come from the same association team(s). for example, Dartmouth has three Midget teams, attempts to have affiliates shall come from the other two teams before continuing to option two. Remember that the same player is not to be affiliated again until a full roster has been cycled.
2. In association where only one team exists, or another association team is unavailable (i.e. playing elsewhere, or similar conflicts) then the call up shall come from the lower division senior aged players.
3. Choose a player from same division other association team where opposing team coaches are in agreement. (Within Whalers Organization). For example: Eastern Shore, - if you find yourself in a case where you have only one team, there are no lower team senior players available, and are playing in Cole harbor, you may ask for a Cole Harbour, Dartmouth, or East Hants affiliate.

The Whalers DRC's and Whalers Director of Recreational hockey must be aware (CC'd) of the players missing and players you plan to pickup to play for your team. When in doubt, pick up players who are of like skill to those who are missing.

**Goalies:** When a goalie is knowingly absent and your team only has 1, canvass the other head coaches within your organization and ask for a goalie. The Whalers DRC's and Whalers Director of Recreational hockey must be aware (CC'd) Move to other organizations if necessary (but stay within your division)

**Do not pick up a rep goalie to sub in!**

If no goalie is available, advise the Whalers DRC's and Whalers Director of Recreational hockey and communicate to the head coach of the next division lower. A 2<sup>nd</sup> year goalie of that division can sub in if the head coach and parent(s) / guardian of player in question agree.

**Playoffs:** Other than goalies, no player pickups will be accepted. Teams picking up skaters in the playoffs will forfeit the game. If a team has an attendance issue in the playoffs on attendance, communicate to the Whalers DRC's and Whalers Director of Recreational hockey of your issue in advance, and a decision will be arrived at that will be acceptable to all.